

A GUIDE TO

COMMUNICATION BUDDIES



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What is Communication Buddies?

Communication Buddies sets out to foster more open communication in the workplace. We offer advice to your employees when it comes to issues at work and provide support in addressing them in constructive ways and through honesty and self-awareness.

2

How does it work?

You book a certain amount of hours and your employees get to make use of them whenever they need to - that's how easy it is. Plus, we will kick off our partnership with a digital webinar to introduce your employees to the service and tell them exactly how to use it and what they can get out of it.

3

What's included?

You decide how many hours you want to pre-book. The booked hours can either be used by employees for online 1:1 sessions (30 minutes per session) or online mediation sessions with two employees at a time (60 minutes). Mediation sessions are useful if there is conflict between people and a neutral third party is needed.

4

How can I book the service?

To get your individual offer, you can contact us either at contact@youvegottosayit.com or by filling out the contact form on our website. We will get back to you to talk about your specific requirements and send you an offer.

5

Will I receive feedback about my employee's session?

You will not receive any feedback from individual sessions. However, once enough sessions have been conducted, we will provide you with anonymised insights into any themes that have emerged. This way, you will have the opportunity to improve in those areas to match the individual efforts of your employees..